

21/10/20

Dear Parent/Carer,

### **NSPCC - Speak Out Stay Safe**

As the NSPCC is unable to deliver an assembly and workshops aimed at our P6-P7 children, they have developed an alternative online programme this year. The class teachers will be given access to their resources to use within their own classroom.

I would also like to make you aware that they have also developed a new section on the Childline website, that is specifically aimed at children aged 12 and under, called the [Buddy Zone](#), which contains helpful advice, games and tools for reflection and expression, as well as the Calm Zone which children can use if they're feeling stressed, angry or upset.

Keep Safe

Mrs Thompson